

Week 1

Monday
China

Tuesday
Switzerland

Wednesday
Thailand

Thursday
English Channel

Friday
Germany

Main

Maderine chicken

Veal Zurich Oise

Yellow Thai aubergine
curry

Jacket potato tuna melt

Pork sausage



Vegetarian

Stir fried vegetables

Bean and winter vegetable
stew

Red Thai veg curry

Jacket potato with baked
beans and cheddar

Vegetable sausage



Carbohydrate

Steam rice

Barley

Pad Thai noodles

Spelt bread

Steamed potatoes



Vegetables

Pak choi

Carrots

Spinach

Mint green peas

Choucroute

Dessert

Steamed sponge
cake

Swiss meringue and berry
compote

Mango and sweet sticky
rice

Warm vanilla custard

Apple strudel



Week 2

Monday
Malaysia

Tuesday
Ireland

Wednesday
Indian

Thursday
Mediterranean sea

Friday
Canada

Main

Chicken rendang

Sprout beef stew

Cauliflower curry

Pasta Bolognese

Maple and miso baked
Salmon



Vegetarian

Butternut rendang

Stuffed cabbage

Green lentil dahl

Cheese and cream pasta

Quorn vegetarian pie



Carbohydrate

Fried rice

Quinoa

Baati (Bread)

Tomato pasta

Poutine



Vegetables

Sesame lady fingers

Carrot

Saffron rice

Ciabatta

Baked beans

Dessert

Tapioca & banana pudding

Luck of the Irish

Mysore pak

Tiramisu

Noufi cinnamon raisin
bread rolls



Alternative of jacket potato with tuna, cheese and baked beans. Home-made bread of the day, fresh seasonal whole fruit selection. A wide selection of cold salads— including mixed beans, pasta, coleslaw, egg and mixed leaves.

Wherever possible, all food is homemade on site from local, British ingredients.

Weekly Extras

*Dairy *Pineapple *Seafood *Kiwi
*Pork/Bacon
*Tomato *Wheat/Gluten *Orange
*Red pepper *Egg