

# Highgate Primary Family Centre

## Monday

### Playing Together Course

Cooking, messy play and themed activities. For toddlers aged 2 years+ with a parent or carer

9.30 to 11.00 *book*

### Shake, Wiggle & Sing

Music and movement class for ages 12 - 36 months

11.00 to 11.30 *book*

### Postnatal Pilates Class

Mother and baby postnatal Pilates class with a baby friendly environment

1.30 to 2.30 *book*

## Tuesday

### Baby Stay and Play

For babies under 1 year and their grown ups

9.00 to 11.30 *drop-in*

### Baby Clinic

For Haringey Residents

Weigh your baby + breastfeeding support

9.30 to 11.30 *drop-in*

### Health Visitor

For Haringey Residents

Drop-in for a one-to-one with the health visitor

Call: 020 3074 2600

9.30 to 11.30 *drop-in*

### Courses

Baby & Toddler First Aid  
1pm to 3pm *book*

Please call for cost, dates of course and more details

## Wednesday

### Stay and Play

For all ages. Play indoor and outdoor, a craft activity and music

9.00 to 11.30 *drop-in*

### Stay, Sign and Play

Baby and Toddler group in partnership with Blanche Nevile School for Deaf Children for 0 - 2 year olds

1.00 to 3.00 *drop-in*

## Thursday

### Stay and Play

For all ages. Play indoor and outdoor, a craft activity and music

9.00 to 11.30 *drop-in*

### Antenatal Midwife

Antenatal appointments

Call: 0207 288 3482

9.30 to 12.30 *book*

### Postnatal Midwife

Postnatal appointments

1pm to 4pm *book*

### Baby Massage

A great way to bond with your baby

1.30 to 2.30 *book*

Fridays: (school use) PSA, School Council and Pastoral Support

All playgroups are led by staff from Highgate Primary School

Costs:

Concessions available.

There is a cost of £4 for playgroups (£2 for siblings).

Please phone for costs of courses.

Parties:

Centre available to hire for children's parties at weekends.

Please call for more details.

We are open during school term time

Finding us:

Highgate Primary Family Centre,  
Gaskell Road,  
London, N6 4ED

email: familycentre@  
highgate-pri.haringey.sch.uk

website:

www.highgateprimaryschool.co.uk

Please call to check dates and times, to book, or for more information.

0203 213 0004

