



## **HIGHGATE** PRIMARY SCHOOL

### **Examples of Extended Therapeutic Services**

#### **Sample nurture group**

Small group intervention with Year 5 girls to:

- Develop self-esteem and emotional literacy
- Promote kindness and empathy
- Understand what it is to be a good friend

Sessions will encourage reflective thinking and social communication through a range of art activities, visualisations and group activities.

#### **Sample Staff training**

Staff training workshop on Child Sexual Exploitation

- Develop an understanding of what CSE is
- Discussion of external risk factors
- Victim profiles
- Local demographic – links with gang culture
- Multi agency partnerships
- Learning from Serious Case Reviews

Whole School Child Protection Training

- Identification and discussion on types of abuse
- Thresholds
- What to do if you suspect a child is at risk of, or suffering harm
- Child Protection in Haringey Flow Chart
- Familiarisation with school and LSCB protocols
- Presentation and discussion on a recent Serious Case Review

#### **Sample parent and baby group session**

A group run by two of our psychotherapists with new parents and their babies. This aims to facilitate the development of supportive peer relationships and encourage reflective parenting from a psychological viewpoint. Sessions held at the Highgate Primary School Family Centre. New parents are already attending the centre or have been identified by relevant professionals.

